



Courage (to try something new)

What do you do to help you feel brave enough to try something new? What would happen if you never tried anything new? https://youtu.be/7B-4Lsrx8IA

https://www.youtube.com/watch?v=2RTZNLLOwss&t=668s

What could we do if we are feeling scared about trying something new?

What positives are there to trying something new?



Jabari Jumps

Listen to the story. How did Jabari overcome his fear? How do you think he felt afterwards?

https://www.youtube.com/watch?v=RfplivqO3ic







When have you needed to use courage to try something new?
What might you need courage for this week?

Time for Reflection

The prayer today will be offered by a pupil



